

**Benicia Community Action Council
September 2026 Senior Meal Schedule***

Sunday 30	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5
	Tuna Fish Sandwich, 3-Bean Salad and Dessert	Spaghetti with Meat Sauce, Garlic Bread, Salad & Dessert (Office Closed)	Judy's Broccoli- Chicken Pasta Salad, Bread and Dessert	Open-Faced Turkey Sandwich with Gravy, Salad and Dessert	Chicken l'Orange, Rice, Salad and Dessert (Office Closed)	
Sunday 6	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12
	LABOR DAY (Kitchen & Office Closed)	Cheeseburger Pie, Veggies and Dessert	Sausage & Biscuits with Gravy, Veggies and Dessert	<u>Kiwanis - Guest Chefs</u> Enchilada Casserole, Mexican Coleslaw and Dessert	Roast Pork, Rice, Veggies and Dessert (Office Closed)	
Sunday 13	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	Saturday 19
	Spaghetti with Meat Sauce, Garlic Bread, Salad and Dessert	Baked Chicken, Stuffing, Potato Salad and Dessert	Viola's Fried Fish, Steamed Rice, Veggies and Dessert	Pulled Pork, Potato Salad and Dessert	Beef Stew, Rolls, Salad and Dessert (Office Closed)	
Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
	Mac'n Cheese with Ham, Veggies and Dessert	Chicken Alfredo, Garlic Bread, Veggies and Dessert	Tamale Pie, Beans, Salad and Dessert	Chicken l'Orange, Rice, Salad and Dessert	BBQ Chicken, Macaroni Salad, Corn and Dessert (Office Closed)	
Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 1-Oct	Friday 2	Saturday 3
	Chili Dog, Coleslaw, Tate Tots and Dessert	Meatloaf, Potatoes, Veggies and Dessert	Enchilada, Spanish Rice, Mexican Corn, Salad & Dessert	Shepherd's Pie, Bread, Salad and Dessert	Beef Stroganoff with Egg Noodles, Coleslaw & Dessert (Office Closed)	

Benicia CAC Home Delivered Meals: For Reservations please call 707-745-0900 before 10:30am on the day you want your meal
and by 1pm on Thursday for Friday meal

*Benicia Community Action Council Hours are Monday - Thursday, 9am to 2pm. Closed Friday, Saturday and Sunday

* Meals Subject to Change without Notice