

**Benicia Community Action Council
October 2026 Senior Meal Schedule***

Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 1	Friday 2	Saturday 3
			Enchilada, Spanish Rice, Mexican Corn, Salad and Dessert	Shepherd's Pie, Bread, Salad and Dessert	Beef Stroganoff with Egg Noodles, Coleslaw & Dessert (Office Closed)	
				Cornbread		
Sunday 4	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10
	<u>Spice Chick-Guest Chefs</u> Spaghetti w/Meat Sauce, Cheesy Bread, Green Salad & Dessert	Cheesy Chicken & Rice Casserole, Veggies and Dessert	Country Fried Steak, Mashed Potatoes with Gravy, Veggies & Dessert	<u>Kiwanis-Guest Chefs</u> Spaghetti with Meat Sauce, Caesar Salad & Dessert	Turkey Chili, Rice, Bread, Salad & Dessert (Office Closed)	
Sunday 11	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16	Saturday 17
	Tuna Fish Sandwich, Pasta Salad and Dessert	Pulled Pork Sandwich, Potato Salad and Dessert	Chicken Pot Pie, Salad & Dessert	Meatloaf, Roasted Potatoes, Coleslaw and Dessert	Black-eyed Peas with Sausage, Salad, Bread and Dessert (Office Closed)	
Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	Saturday 24
	Chili Dogs, Corn, Tater Tots and Dessert	Chicken Tamale Pie, Beans, Salad and Dessert	Cheeseburger Pie, Tater Tots, Salad and Dessert	Baked Chicken, Stuffing, Tater Tots, Salad and Dessert	Baked Ham, Potatoes, Veggies and Dessert (Office Closed)	
Sunday 25	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 31
	Pork Enchilada Casserole, Mexican Corn, Rice and Dessert	BBQ Chicken, Macaroni Salad, Veggies and Dessert	Chicken Alfredo, Veggies, Garlic Bread and Dessert	Spinach & Sausage Quiche, Potatoes and Dessert	Meatloaf, Mashed Potatoes, Veggies & Dessert (Office Closed)	

Benicia CAC Home Delivered Meals: For Reservations please call 707-745-0900 before 10:30am on the day you want your meal

*Benicia Community Action Council Hours are Monday - Thursday, 9am to 2pm. Closed Friday, Saturday and Sunday

* Meals Subject to Change without Notice