

**Benicia Community Action Council
JULY 2026 Senior Meal Schedule***

Sunday	Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	Saturday 4
	Tuna Fish Sandwich, 3-Bean Salad and Dessert	Meatloaf, Mashed Potatoes, Veggies and Dessert	Roast Turkey with Gravy, Rice, Veggies & Dessert	Chicken and Rice, Veggies and Dessert	HOLIDAY - INDEPENDENCE DAY Chili Dog on Bun, Coleslaw & Dessert	4-TH OF JULY - INDEPENDENCE DAY
				Cornbread		
Sunday 5	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11
	Baked Ham, Roasted Potatoes, Veggies and Dessert	Judy's Chicken Salad Sandwich, Potato Salad & Dessert	Cream Cheese Spaghetti Bake, Green Salad, Garlic Bread and Dessert	<u>Kiwanis - Guest Chefs</u> Chicken Thighs with Mushroom Gravy over Potatoes, Broccoli and Brownies	Split Pea Soup with Ham, Bread, Salad & Dessert (Office Closed)	
Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
	Judy's Vegetarian Mexican Bean Salad with Cilantro, Honey Corn Bread & Dessert	Beef Stroganoff with Egg Noodles, Veggies and Dessert	Sweet & Sour Chicken, Fried Rice, Salad and Dessert	Mac 'n Cheese with Ham, Coleslaw and Dessert	Donna's Shepherd's Pie, Salad & Dessert (Office Closed)	
Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
	Pulled Pork Sandwich, Macaroni Salad, Veggies and Dessert	Baked Fish, Baby Potatoes, Veggies and Dessert	Meatloaf, Mashed Potatoes, Veggies and Dessert	Spagetti with Meat Sauce, Garlic Bread, Salad & Dessert	Teriyaki Chicken, Steamed Rice, Stir Fried Veggies & Dessert (Office Closed)	
Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1-Aug
	Tuna Fish Sandwich, 3-Bean Salad and Dessert	Salsbury Steak, Mashed Potatoes, Veggies, Salad and Dessert	Pork Tacos, Beans, Coleslaw & Dessert	Cheese Burger Pie, Veggies and Dessert	Chicken ala King with Noodles, Salad & Dessert (Office Closed)	

Benicia CAC Home Delivered Meals: For Reservations please call 707-745-0900 before 10:30am on the day you want your meal

*Benicia Community Action Council Hours are Monday - Thursday, 9am to 2pm. Closed Friday, Saturday and Sunday

* Meals Subject to Change without Notice