Benicia Community Action Council October 2025 Senior Meal Schedule*

Sunday	Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	Saturday 4
			Cheeseburger, Baked	Beef Stew,	Meatloaf, Mashed	
			Potato Fries, Corn	Cornbread and	Potatoes, Veggies	
			and Dessert	Dessert	and Dessert	
					Office Closed	
				Cornbread		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
	Mac'n Cheese with	Roast Pork, Mashed	Hot Dog w/Chilli,	Kiwanas - Guest Chefs	Viola's BBQ Chicken, 3-	
	Ham, Veggies and	Potatoes, Baked	Chips, Coleslaw and	Beef Stew, Bread and	Bean Salad, Macaroni	
	Dessert	Beans and Dessert	Dessert	Apple Crisp	Salad and Dessert Office Closed	
					Office Closed	
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Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
	Indigenous	Baked Chicken	Cheeseburger, Tater	Tamalie Pie, Black	Pulled Pork	
	People's/Columbus	w/Stuffing, Carrots,	Tots, Pasta Salad and	Beans, Salad and	Sandwich, Coleslaw	
	Day	Dinner Roll and	Dessert	Dessert	and Dessert	
	Kitchen Closed	Dessert			Office Closed	
Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
	Spaghetti	Beef Stroganoff w/	Breaded Sthicken	Sloppy Joes, Tater	Enchilada Casserole,	
	w/Meatballs,	Noodles, Veggies	Sandwich,3-Bean	Tots, Corn, Coleslaw	Black Beans, Salad	
	Veggies, Garlic	and Dessert	Salad, Carrots and	and Dessert	and Dessert	
	Bread and Dessert		Dessert		Office Closed	
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Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday
	Judy's Chicken	Baked Ham, Candied		Meatloaf, Mashed	Beef Stew, Corn Bread	
	Tortilla Soup,	Yams, Veggies and	w/Gravy, Rice,	Potatoes, Veggies	and Dessert	
	Cornbread and	Dessert	Veggies and Dessert	and Dessert	Office Closed	
	Dessert	Desserv	. 555100 and 2 000011	wife Debber	Happy Halloween	

Benicia CAC Home Delivered Meals: For Reservations please call 707-745-0900 before 10:30am on the day you want your meal *Benicia Community Action Council Hours are Monday - Thursday, 9am to 2pm. Closed Friday, Saturday and Sunday * Meals Subject to Change without Notice

9/30/2025