

**Benicia Community Action Council**  
**September 2025 Senior Meal Schedule\***

<b>Sunday</b>	<b>Monday 1</b>	<b>Tuesday 2</b>	<b>Wednesday 3</b>	<b>Thursday 4</b>	<b>Friday 5</b>	<b>Saturday 6</b>
	Labor Day Holiday Office & Kitchen Closed	BBQ Chicken, Corn, Potato Salad and Dessert	Tuna Sandwich, Fruit, Macaroni Salad and Dessert	Meatloaf, Mashed Potatoes, Veggies and Dessert	Tacos, Refried Beans, Mexican Rice and Dessert	
<b>Sunday 7</b>	<b>Monday 8</b>	<b>Tuesday 9</b>	<b>Wednesday 10</b>	<b>Thursday 11</b>	<b>Friday 12</b>	<b>Saturday 13</b>
	Spaghetti with Meat Sauce, Garlic Bread, Salad and Dessert	Baked Ham, Yams, Peas & Carrots and Dessert	Breaded Chicken Sandwich, Three Bean Salad and Dessert	<u>Kiwanas - Guest Chefs</u> Port Tenderloin with Tarragon Sauce, Roasted Veggies, Chocolate Cake	Fish, New Baby Potatoes, Broccoli & Carrots and Dessert	
<b>Sunday 14</b>	<b>Monday 15</b>	<b>Tuesday 16</b>	<b>Wednesday 17</b>	<b>Thursday 18</b>	<b>Friday 19</b>	<b>Saturday 20</b>
	Mac'n Cheese with Ham, Veggies and Dessert	Teriyaki Chicken, Steamed Rice, Stir Fry Veggies and Dessert	Sloppy Joes, Tater Tots, Pasta Salad and Dessert	Pepper Steak, Rice, Green Beans and Dessert	Burritos, Black Beans, Salad and Dessert	
<b>Sunday 21</b>	<b>Monday 22</b>	<b>Tuesday 23</b>	<b>Wednesday 24</b>	<b>Thursday 25</b>	<b>Friday 26</b>	<b>Saturday 27</b>
	Chicken Rigatoni with Alfredo Sauce, Veggies and Dessert	Hot Dog with Chili, Chips, Coleslaw and Dessert	Beef Stroganoff, Egg Noodles, Veggies, Salad and Dessert	Roast Turkey, Mashed Potatoes, Veggies and Dessert	Baked Fish, Spanish Rice, Green Salad and Dessert	
<b>Sunday 28</b>	<b>Monday 29</b>	<b>Tuesday 30</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	Meatballs with Gravy, Mashed Potatoes, Veggies and Dessert	Chicken Parmesan with Rice, Veggies and Dessert				

Benicia CAC Home Delivered Meals: For Reservations please call 707-745-0900 before 10:30am on the day you want your meal

\*Benicia Community Action Council Hours are Monday - Thursday, 9am to 2pm. Closed Friday, Saturday and Sunday

\* Meals Subject to Change without Notice